



Elkhart County Health Department: Health Education

Address: 608 Oakland Ave. Elkhart, IN 46516 **Phone:** 574-523-2283 **Email:** healthed@elkhartcounty.com **Fax:** 574-523-2158

School/Organization Name: _____ Contact Person: _____

Phone: _____ Email: _____

Please note programs with * are limited to one classroom per session.

Please indicate program(s) needed for each grade. We want to work with your schedule. Please attach a list of possible dates and times programs may take place.

Program Title	Grade(s)	Length	Grade(s)	# of Sessions	Students per Session	Fall Aug - Dec	Spring Jan- May
Healthy Heart *	K	30 min.					
Healthy Heart – Exercise *	1	30 min.					
Healthy Heart – Nutrition *	2	35 min.					
Healthy Lifestyle *	4-12	45 min.					
Pedestrian / Wheel Safety *	K-3	30 min.					
Home Safety Planning	3-5	45 min.					
Poison Safety *	K-2	30 min.					
Teen Impact Driver: Who Can Make a Difference?	7-8	45 min.					
Teen Impact Driver: What do you Consider Lethal?	11-12	45 min.					
Building Confidence	1-3	30 min.					
Dusty the Dog- Hand Washing and Sickness Prevention *	K-1	45 min.					
Dental Health *	K-1	30 min.					
Personal Hygiene	3-7	45 min.					
Healthy Relationships	5-12	45 min.					
Stress Management	5-12	45 min.					
The TRUTH about Tobacco, Electronic Cigarettes & Vaping	5-12	45 min.					
VOICE – Engage, Educate, Empower	7-12	45 min.					
Other programs as requested and based on availability							