**Elkhart County Health Department:** Health Education **Attention:** Araceli Rivas **Address:** 608 Oakland Ave. Elkhart, IN 46516 **Phone:** 523-2116 **Email:** arivas@elkhartcounty.com **Fax:** 523-2158

School/Organization Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Contact Person: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Forms due for Fall: Friday, October 30, 2020**

Please indicate program(s) needed for each grade. We want to work with your schedules. Please attach a list of possible dates and times programs may take place.

**We provide these programs in a virtual setting to maintain the safety of your students and staff. When the time comes and COVID is no longer an issue then we will be happy to share the classroom experience.**

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| --- | --- | --- | --- | --- | --- | --- |
| **Program Title** | **Grade(s)** | **Length** | **Grade(s)** | **Number of**  **Sessions Requested** | **Students per Session** | **Fall**  Aug. –Dec. |
| **Healthy Heart** | K | 30 minutes |  |  |  |  |
| **Healthy Heart – Exercise** | Grade 1 | 30 minutes |  |  |  |  |
| **Healthy Heart – Nutrition** | Grade 2 | 35 minutes |  |  |  |  |
| **Healthy Lifestyle** | Grades 4-12 | 45 minutes |  |  |  |  |
| **Home Alone** | Grades 3-5 | 45 minutes |  |  |  |  |
| **Pedestrian / Wheel Safety** | Grades K-3 | 30 minutes |  |  |  |  |
| **Emergency Preparedness** | Grades 3-5 | 45 minutes |  |  |  |  |
| **Poison Safety** | Grades K-2 | 30 minutes |  |  |  |  |
| **Personal Hygiene** | Grades 4-12 | 45 minutes |  |  |  |  |
| **Puberty/Growth & Development** | Grades 4-6 | 45 minutes |  |  |  |  |
| **Sexually Transmitted Infections and Sexual Consequences** | Grades 5-8 | 45 minutes |  |  |  |  |
| **Healthy Relationships** | Grades 5-12 | 45 minutes |  |  |  |  |
| **Stress Management** | Grades 5-12 | 45 minutes |  |  |  |  |
| **The TRUTH about Alcohol and other Drugs** | Grades 4-6 | 45 minutes |  |  |  |  |
| **The TRUTH about Tobacco, Electronic Cigarettes & Vaping** | Grades 7-12 | 45 minutes |  |  |  |  |