



Elkhart County Health Department: Health Education **Attention:** Araceli Rivas **Address:** 608 Oakland Ave. Elkhart, IN 46516
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School/Organization Name: _____ Contact Person: _____

Phone: _____ Email: _____

Forms due for Fall: Friday, October 30, 2020

Please indicate program(s) needed for each grade. We want to work with your schedules. Please attach a list of possible dates and times programs may take place.

Program Title	Grade(s)	Length	Grade(s)	Number of Sessions Requested	Students per Session	Fall Aug. -Dec.
Healthy Heart	K	30 minutes				
Healthy Heart – Exercise	Grade 1	30 minutes				
Healthy Heart – Nutrition	Grade 2	35 minutes				
Healthy Lifestyle	Grades 4-12	45 minutes				
Home Alone	Grades 3-5	45 minutes				
Pedestrian / Wheel Safety	Grades K-3	30 minutes				
Emergency Preparedness	Grades 3-5	45 minutes				
Poison Safety	Grades K-2	30 minutes				
Personal Hygiene	Grades 4-12	45 minutes				
Puberty/Growth & Development	Grades 4-6	45 minutes				
Sexually Transmitted Infections and Sexual Consequences	Grades 5-8	45 minutes				
Healthy Relationships	Grades 5-12	45 minutes				
Stress Management	Grades 5-12	45 minutes				
The TRUTH about Alcohol and other Drugs	Grades 4-6	45 minutes				
The TRUTH about Tobacco, Electronic Cigarettes & Vaping	Grades 7-12	45 minutes				

We provide these programs in a virtual setting to maintain the safety of your students and staff. When the time comes and COVID is no longer an issue then we will be happy to share the classroom experience.