



Elkhart County Health Department: Health Education **Attention:** Myrian Huicochea **Address:** 608 Oakland Ave. Elkhart, IN 46516

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School/Organization Name: _____ Contact Person: _____

Phone: _____ Email: _____

Please note programs with * are limited to one classroom per session.

Please indicate program(s) needed for each grade. We want to work with your schedules. Please attach a list of possible dates and times programs may take place.

Program Title	Grade(s)	Length	Grade(s)	# of Sessions	Students per Session	Spring Jan - May	Summer June - July
Healthy Heart *	K	30 minutes					
Healthy Heart – Exercise *	Grade 1	30 minutes					
Healthy Heart – Nutrition *	Grade 2	35 minutes					
Healthy Lifestyle *	Grades 4-12	45 minutes					
Pedestrian / Wheel Safety *	Grades K-3	30 minutes					
Home Safety Planning	Grades 3-5	45 minutes					
Poison Safety *	Grades K-2	30 minutes					
Dusty the Dog- Hand Washing and Sickness * Prevention	Grades K-1	45 minutes					
Dental Health *	Grades K-1	30 minutes					
Personal Hygiene	Grades 4-12	45 minutes					
Puberty/Growth & Development	Grades 4-6	45 minutes					
Sexually Transmitted Infections and Sexual Consequences	Grades 5-8	45 minutes					
Healthy Relationships	Grades 5-12	45 minutes					
Stress Management	Grades 5-12	45 minutes					
VOICE – Engage, Educate, Empower	Grades 7-12	45 minutes					
The TRUTH about Tobacco, Electronic Cigarettes & Vaping	Grades 7-12	45 minutes					